

MASSAGE ENHANCEMENTS

These enhancements may be added to your massage service or can be standalone treatments.

Deep Tissue Add-On.....\$20
This technique uses deep pressure to help alleviate specific issues such as muscle knots, chronic pain, and more.

Cupping Add-On\$20
Small cups are used to create suction creating a surge of blood flow underneath allowing deeper healing of a massage.

Full Body Sugar Scrub.....\$60
A luxurious way to exfoliate and hydrate your skin, in a variety of seasonal scents! 30 min.

Foot Reflexology.....\$60
A foot massage applied to specific areas of the feet to reduce pain and improve overall health. 30 min.

Migraine Relief.....\$60
A head and neck massage to address tension and stress that causes headaches and migraines. 30 min.

MAKE-UP

Lash or Brow Tint.....\$29
Lash Lift\$70
Lash Tint & Lift Combo\$90
Brow Lamination\$70
Brow Tint & Lamination Combo\$90
Make-Up Application\$68
Make-Up Lesson\$78
Includes takeaway form with all colors that were applied, what brushes were used, and techniques for reference.
Day to Night Make-Up Application.....\$98
with lashes
Bridal Make-Up Application.....\$165
Includes trial run and day-of wedding.

HAIR

Shampoo + Blowout\$35
Scalp or Bonding Treatment\$25
Formal Hairstyle or Up-Do\$40-\$60
Full highlight.....\$120
Color root retouch/single color\$40-\$85
Partial hi/low highlight.....\$95
Bridal Hairstyle or Up-Do.....\$50-\$75
Women’s Haircut + Blowdry Style.....\$65
Lash & Brow Tint Combo\$55

SPA ETIQUETTE & POLICIES

Please find our Spa Etiquette & Policies on our website at the QR Code Below.



www.thesanfordhouse.com/spa



spa AT THE SANFORD HOUSE

The Sanford Spa & Salon
817-277-0115
www.sanfordspa.com
info@sanfordspa.com

Wednesday – Saturday
9:00am to 6:00pm

501 North Center Street Arlington, Texas 76011

MASSAGE THERAPY

If you have any health concerns that may contraindicate the service, such as cancer or first-trimester pregnancy, please consult with our staff prior to booking.

Sanford Signature Massage\$125
This 75-minute treatment will not only help you relax, but helps to tone and hydrate the skin. The 60-minute soft to medium pressure massage culminates with a nourishing 15-minute foot sugar scrub and hot towel treatment.

30 Minute Swedish Massage.....\$60
Concentrating on points that stress you, this is a smart, efficient way to add a pick-me-up to your day.

45 Minute Swedish Massage.....\$85
Focusing on the back, neck, and shoulders, this helps to invigorate and rejuvenate a tired body.

60 Minute Swedish Massage.....\$100
Full body massage to ease you into a blissful state of mind. (For a series of 6: \$500)

90 Minute Swedish Massage.....\$140
Take extra time to let your body relax completely and let us do all the work.

Massage add-ons available: see inside brochure

Lymphatic Massage.....\$120
Uses gentle and rhythmic strokes to stimulate the lymphatic system, aiding in the removal of toxins and excess fluids from your body, to help alleviate swelling and improve circulation. 60 min. Also available: 45 minutes/\$105.

Hot Stone Massage.....\$125
Smooth stones are used to gently massage the body with relaxing motions during this 60 minute treatment. Also available: 90 minutes/\$150.

Pregnancy Massage\$105
Improve circulation and sooth tired muscles. 60 min. Must be at least 14 weeks. Also available: 45 minutes/\$85 or 30 minutes/\$65.

Couples Massage.....\$200
Indulge in a rejuvenating 60-minute Swedish massage experience, where you and your partner can unwind together in the same room as two therapists deliver personalized, side-by-side treatments. Available in all time durations for Swedish Massages above: \$120-\$280

Save \$\$\$ with our massage series packages — ask us today!

FACIAL THERAPY

Express Facial\$69

Cleanse, exfoliate, massage, and moisturize – a facial perfect for those on the go. 30 min.

Teen Facial\$69

Deep cleanse and exfoliate with extractions. Includes an instructional at-home skin care regime. 30 min.

European Facial\$89

Designed to purify the skin with exfoliation, extractions (if needed), and light facial massage – perfect for every skin type. 60 min. (For a series of 6: \$445)

Oxygenating Skincare Facial\$125

Detoxify and revitalize your skin with this revolutionary facial designed to clear skin congestion. 60 min.

Sea C Spa Facial.....\$125

Rejuvenates the skin using an antioxidant mask and a vitamin C concentrate which gives the skin a fresh look and helps treat sun damage. 60 min.

Algo Facial\$125

Most recommended facial for men or anyone who suffers from rosacea or acne-prone skin. This treatment will deeply nourish and soothe the skin. 60 min.

Biocellulose Facial.....\$139

This powerful treatment helps prevent and reduce the appearance of the five signs of aging. 60 min.

Collagen Facial\$139

Visibly plumps and firms the skin for a youthful, radiant look. This treatment is unequalled in strengthening and improving the texture of the skin. 60 min.

Phyto-Stem Cell Facial\$149

This elite treatment slows down the aging process at a cellular level. 60 min.

Botinol Facial\$160

Reduces the appearance of expression lines and wrinkles for a long-lasting youthful and refreshed look. Innovative and non-invasive. 60 min.

Save \$\$\$ with our facial series packages — ask us today!

INTENSIVE EXFOLIATION FACIALS

Dermaplane Only\$75

Removes facial hair and dead skin cells. Leaves skin

looking and feeling youthful and radiant. 30 min.

With European Facial.....\$139

With Oxygenating, Sea-C, or Algo\$149

With Biocellulose, or Collagen.....\$169

With Phyto-Stem Cell Facial\$179

Signature Microdermabrasion.....\$120

Microdermabrasion is a non-invasive procedure that uses

a machine to exfoliate the top layer of dead skin cells.

WAXING

Facial Area (Brow, Lip, etc.) \$20–\$40

Underarm, Half Arm/Half Leg \$40

Full Arm/Full Leg\$60-\$75

Chest/Back.....\$50

Bikini/Bikini Maintenance\$45-50

EAR PIERCING

Ear Piercing.....\$45

8 years old and above, no cartilage.

PACKAGES

**Elevate your spa day with a delightful lunch served in our serene relaxation room. Enjoy a select menu from Restaurant506 for just \$25.*

I’ll Have What She’s Having\$209

Includes a 30 minute massage, express facial, and express manicure and pedicure – a quick way to let your special someone know they are the real deal! 2 hours

Here’s Lookin’ at You, Kid\$284

A luxurious treat including a 60 minute massage, express facial, and spa manicure and pedicure. 3.5 hours

Floating on Air\$299

A sumptuous half day package that includes a 60 minute massage, full body sugar scrub, and hydro-lifting facial. 2.5 hours

Go Ahead, Make My Day.....\$314

Includes a 75 minute signature massage, biocellulose facial, and a shampoo and blowout deluxe. 4 hours

Heavenly Escape\$434

The ultimate day of pampering – includes a 60 minute massage, full body sugar scrub, phyto stem cell treatment, spa manicure, and hot stone spa pedicure. 4.75 hours

Just a Glance Away\$480

Indulge yourself in this romantic couples’ experience! Includes a couples 60 minute massage, spa pedicures, express manicures, and chocolate-covered strawberries and a bottle of champagne served in our lovely Relaxation Room. 2.5 hours

Wedding Party Packages.....\$175+

Ask us about our bridal party hair and make-up options.

NAIL SERVICES

When booking, please let us know if you have gel polish or dip on to account for adequate timing.

Calming Hand and Arm Treatment.....\$35

Soothe the tension in your arms and hands with this moisturizing treatment. 25 min.

Express Manicure.....\$35

A maintenance manicure that will keep your nails buffed, painted, and ready to go. 30 min.

Sanford Spa Manicure\$55

Our signature spa manicure with paraffin treatment and relaxing hand massage. Relax and treat yourself. 45 min.

Polish Change.....\$10

Gel Polish Manicure\$50

Gel Polish.....\$15

Removal\$10

Dip Nail Manicure\$60

Removal\$15

Acrylic Overlay.....\$60

Acrylic on natural nails, includes express manicure. 120 min.

Acrylic Full Set

Short 120 min.\$65

Medium 150 min.....\$75

Long 180 min.....\$100

Nail Design\$10+

Crystals and nail charms available upon request

Express Pedicure\$45

For those on the go, indulge your feet and take a little time to keep them healthy and polished. 30 min.

Sanford Spa Pedicure.....\$65

From the exfoliating scrub and masque to the paraffin treatment, this is a truly indulgent pedicure designed to help you put your best foot forward. 60 min.

Expectant Mother Spa Pedicure\$65

Get off your feet and let us soothe your muscles and give you a chance to feel refreshed. 60 min.

Hot Stone Spa Pedicure.....\$70

Heated stones stimulate pressure points so you can relax and unwind. 75 min.